

**Rebekah F. Balboni, LCSW**  
**License # 24270**  
**(510) 499-7197**

**Family Intake Form**

**The rules and limits of confidentiality apply to the information included in this form**

Adult's Name: \_\_\_\_\_ Adult's Name: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Date of Birth \_\_\_\_\_

Age \_\_\_\_\_ Age \_\_\_\_\_

Phone Numbers: May I contact you at the following:	Phone Numbers: May I contact you at the following:
Home ( ) yes/no	Home ( ) yes/no
Cell ( ) yes/no	Cell ( ) yes/no
Work ( ) yes/no	Work ( ) yes/no
Email: _____ yes/no	Email: _____ yes/no

Employer/School \_\_\_\_\_ Employer/School \_\_\_\_\_

Occupation: \_\_\_\_\_ Occupation \_\_\_\_\_

How long on present job? \_\_\_\_\_ How long on present job? \_\_\_\_\_

Last school grade completed \_\_\_\_\_ Last school grade completed: \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Primary Care Physician \_\_\_\_\_

Phone # \_\_\_\_\_ Phone # \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Contact \_\_\_\_\_

Phone # \_\_\_\_\_ Phone # \_\_\_\_\_

Marital Status: \_\_\_\_\_

Living with spouse/partner? \_\_\_\_\_ Number of years together \_\_\_\_\_

Names of children (please include dates of birth and names of parents):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

Insurance Information

Health Plan/Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Phone # \_\_\_\_\_

Subscriber Name \_\_\_\_\_ Subscriber SS # \_\_\_\_\_

Mental Health Insurance (if different than above): \_\_\_\_\_

Major reasons for seeking help at this time: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you had these problems or symptoms?: \_\_\_\_\_

\_\_\_\_\_

How often do they occur? \_\_\_\_\_

\_\_\_\_\_

What have you tried already? \_\_\_\_\_

\_\_\_\_\_

Past or current psychiatric treatment: (who treated, type; provided by; year; helpful?)

\_\_\_\_\_

\_\_\_\_\_

Please describe any significant incidents, traumas, developmental concerns, learning issues that would be helpful for me to know about anyone in the family : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does anyone in the family have any serious or chronic medical conditions or past surgeries? Please explain:

---

---

Has anyone in the family had any serious medical accidents or injuries, head injury or seizure history? Yes / No

If yes, please explain: \_\_\_\_\_

Does anyone in the family take any medications? Yes / No

If yes, please list: \_\_\_\_\_

---

---

Does anyone in the family use alcohol? Yes / No

How much per day/week \_\_\_\_\_

Age when started drinking? \_\_\_\_\_

Last drink taken (time and amount): \_\_\_\_\_

Does anyone in the family use drugs? Yes / No

What kind(s): \_\_\_\_\_

Amount/frequency: \_\_\_\_\_

Age started using: \_\_\_\_\_

Last use (time and amount): \_\_\_\_\_

Does anyone in the family feel a member has a problem with:

Alcohol: Yes / No

Drugs: Yes / No

If so, explain: \_\_\_\_\_

---

Previous treatment programs (dates, locations, if possible): \_\_\_\_\_

---

Has family member's drinking/drug use caused problems in the family or with relationships? \_\_\_\_\_

---

---

Has family member's drinking/drug use caused job problems? \_\_\_\_\_

---

Is it difficult for family member to stop or control the amount used? Yes / No

Have you or a family member ever been arrested for a D.U.I (driving under the influence) or other drug related offense(s)? Yes / No

Does anyone in the family use tobacco products? Yes / No

Who: \_\_\_\_\_

Amount/frequency: \_\_\_\_\_

Age when use started: \_\_\_\_\_ When did use stop? \_\_\_\_\_

How many cups of caffeinated beverages are consumed per day (coffee, tea, soda, energy drinks, etc):

\_\_\_\_\_

Have any family members had any financial problems, legal difficulties/problems or previous incarceration?

Yes / No

If yes, dates and details: \_\_\_\_\_

\_\_\_\_\_

Have relatives/significant others had psychiatric symptoms or drug or alcohol problems?

\_\_\_\_\_

\_\_\_\_\_

Have any family members had problems with criminal offenses or been incarcerated? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Others living in the home? (names, ages, relation)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Goals for Therapy: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Additional Information:

\_\_\_\_\_